



CREATIVE MODEL FORM

Please answer as many questions as possible, and keep in mind that this project may be used by persons who are inexperienced in developing projects / programs.
Thank you for sharing a success story.

Project / Program Title: **A Trip to the Lake**

Contact Information: (*• Required*)

•Your name and organization: **Cindy Skaalrud, Walker Methodist and St. Mary's University**

Mailing Address: _____

City: _____

State _____

Zip: _____

Daytime Telephone (Area Code + Number):

(*• If you do not have an email address, please provide a phone number*)

952 953-7079

•Email Address: **creativerecovery@yahoo.com**

Personal Website Address: **<http://www.mnartists.org/work.do?rid=143804>**

Creative Model Project / Program

Goal or objective of the project / program:

Preparation time required:

Length of time needed per session:

Outcome / benefits (*list all who would benefit from the outcomes*):

Check which category best fits your project / program:

Dance:

- Ballet
- Contemporary / Modern
- Ethnic / Jazz
- Traditional / Folk
- Tap
- Wheelchair
- Other (Please describe)
- Specialty Area (Please describe)

Music:

- Band
- Chamber
- Coral
- New Age
- Jazz
- Country / Folk
- Ethnic / Traditional
- Opera
- Pop
- R&B

- Rap / Hip-Hop
- Rock
- Religious
- Musical Theater
- Classical
- Other (Please describe)

Theater:

- Mime
- Puppetry
- Storytelling
- Improvisation
- Musical Theater
- Clown
- Ethnic
- Other (Please describe)
- Specialty Area (Please describe)

Visual Arts:

- Ceramics
- Digital (computer generated)
- Collage

- Drawing
- Jewelry
- Mosaic
- Painting
- Photography
- Printmaking
- Sculpture
- Weaving / Fiber
- Woodcarving
- Mixed Media
- Media (Film, Audio, Video, Technology / Experimental)
- Other (Please describe)
- Specialty Area (Please describe)

Literary Arts: List your primary art form(s) *i.e.* novelist, poet, playwright, storyteller, etc.

Materials needed:Part One:

Fresh water lily pad leaves (NOTE: they will keep in a bucket of water 4 or 5 days. I have found the round variety have deeper veins and work better than the oval variety)

Rubber Gytaku fish (order through Triarco or NASCO)

Acrylic paints, metallic are OK, too

Acrylic brushes, wide

Brayer

Art boards

Quilt batting, 12x12 inch or so square, or something similar, soft

Part Two:

Watercolor paper

Watercolor brushes, wide

Watercolor paints

Water, rags, clean up supplies

Aprons

Step-by-step instructions (include photos if possible):

Consider doing a test or demonstration fish and lily pad, so you can estimate the amount and thickness of paint used, and general technique.

Also, the lily pads can be rinsed off and reused, until they begin to fall apart.

How to do it:

Start with a discussion about fishing, canoeing or other outdoor water activity, or a guided imagery about the same.

Have artists paint, with the acrylic paint and brush, the textured side of the fish or lily pad, and then smooth it out with the brayer.

Encourage bold use of color, and imaginative overlap of objects. Remember, fish can swim off and on the page, and lily pads can hang off the page, too. All efforts and results deserve praise.

Artists decide where the lily pad or fish will go. Assist to place on the watercolor paper. To print fish more optimally, place quilt batting under the watercolor paper so that it will give somewhat to the shape of the fish. Put a inexpensive piece of paper on top and help the artist smooth out the lily pad or fish.

Carefully remove top paper, and lily pad or fish. Let dry completely.

While acrylic paint is drying, clean up acrylic paint with cool, soapy water. Remember hot water makes the paint set faster.

When the art in progress is totally dry, wet the back side of the paper with water and a broad watercolor brush. Turn it right side up and wet the right side with water also. It should be on the art board now and not removed until it is completely dry again.

Other helpful information (*variations, hints*):

Reflection: (*Did you gather the group and discuss the project? How did you decide about the subject? How are the participant's works similar and different?*)

Pictures of completed project / program:



Project / Program Development and Details (OPTIONAL. Your input will help new projects.)

1. Who started the project / program and what were the initial steps you took?
2. Is the project / program ongoing? How often do you conduct the project / program?
3. Is the project / program presented for a limited time period? How many times?

4. Did you need funding? If so, what funding did you have and how did you get the funding?
5. What type of teacher, mentor, facilitator or director did project/program have? How did you decide on who that person would be?
6. How do you find or decide on participants? How many participants did project/program have?
7. Would you work with participants?
8. Who did you collaborate or coordinate with?
9. Where and when was it held or what space did you use for preparation and presentation?
10. How did you promote it? How are participants recruited?
11. What changes did you make (*goals, objectives, content, location, recruitment, or other*) over time?