



CREATIVE MODEL FORM

Please answer as many questions as possible, and keep in mind that this project may be used by persons who are inexperienced in developing projects / programs.
Thank you for sharing a success story.

Project / Program Title: Runestone Rockettes**Contact Information:** (• Required)

•Your name and organization: **Janice Shogren, Runestone Rockettes**

Mailing Address: _____

City: _____ State _____ Zip: _____

Daytime Telephone (Area Code + Number): (• If you do not have an email address, please provide a phone number)

1-320.763.9700

•Email Address: **jshogren@gctel.net**

Personal Website Address: _____

Project / Program Details

Goal or objective of the project / program **To provide entertainment, self-confidence, self esteem and fun!**

Preparation time required: _____

Length of time needed per session: **One – two hours practice weekly**

Outcome / benefits (list all who would benefit from the outcomes: **We all have increased our self confidence and our physical fitness and general health. It has been noted that at our performances we bring joy to others with our dance routines and**

enthusiastic, optimistic attitudes. We perform at conventions, community celebrations, nursing homes and fairs throughout central Minnesota. Also have been at Dakota Magic Casino in South Dakota.

Check which category best fits your project / program:

Dance:

- Ballet
- Contemporary / Modern
- Ethnic / Jazz
- Traditional / Folk
- Tap
- Wheelchair
- Other (Please describe)
- Specialty Area (Please describe)

Music:

- Band
- Chamber
- Coral
- New Age
- Jazz
- Country / Folk
- Ethnic / Traditional
- Opera
- Pop
- R&B

- Rap / Hip-Hop
- Rock
- Religious
- Musical Theater
- Classical
- Other (Please describe)

Theater:

- Mime
- Puppetry
- Storytelling
- Improvisation
- Musical Theater
- Clown
- Ethnic
- Other (Please describe)
- Specialty Area (Please describe)

Visual Arts:

- Ceramics
- Digital (computer generated)
- Collage

- Drawing
- Jewelry
- Mosaic
- Painting
- Photography
- Printmaking
- Sculpture
- Weaving / Fiber
- Woodcarving
- Mixed Media
- Media (Film, Audio, Video, Technology / Experimental)
- Other (Please describe)
- Specialty Area (Please describe)

Literary Arts: List your primary art form(s) i.e. novelist, poet, playwright, storyteller, etc.

Materials needed: Tap shoes (and stamina)

Step-by-step instructions (include photos if possible):

All have had to learn basic tap dance steps and precision moves.

Pictures of completed project /program:



Other helpful information (*variations, hints*):

All members must be 60 years old or older. Our average age is 69.

Reflection: (*Did you gather the group and discuss the project? How did you decide about the subject? How are the participant's works similar and different?*)

Project / Program Development and Details (OPTIONAL. Your input will help new projects.)

Who started the project / program and what were the initial steps you took?

With the cooperation of the lifestyles editor of the local newspaper who ran a short ad in the paper periodically requesting women interested in dance to contact Janice.

Is the project / program ongoing? How often do you conduct the project / program?

Every Monday

Is the project / program presented for a limited time period? How many times?

Did you need funding? If so, what funding did you have and how did you get the funding?

We had no funding but now we receive donations for our performances and finally have a bank account.

What type of teacher, mentor, facilitator or director did project/program have? How did you decide on who that person would be?

The granddaughter of one of our first members was our first instructor/choreographer. Since then we have had two teenagers who have been in dance since pre-school. That certainly keeps our numbers "peppy" and upbeat. Terrific inter-generational activity.

How do you find or decide on participants? How many participants did project/program have?

We started with ten members and are now up to twenty. We have since developed policies and procedures, require try-outs and have a three month probationary period.

Would you work with participants?

Who did you collaborate or coordinate with?

After we were organized we were put under the umbrella of the county committee on aging so we have tax exempt status.

Where and when was it held or what space did you use for preparation and presentation?

How did you promote it? How are participants recruited?

Through our local newspaper, our various appearances and on an annual telethon of which we have been on for four years. This year we were fortunate to be featured in Minnesota Monthly magazine.

What changes did you make in the goals, objectives, content, location, recruitment, or other aspects over time?