



CREATIVE MODEL FORM

Please answer as many questions as possible. Provide enough detail so your project can be used by others who may be inexperienced in developing projects of this type.

Send your completed form by email to: artsandaging@mncaan.net (or see mailing address below).
Thank you for sharing your success story.

Project / Program Title:

Arts and Alzheimer's _____

Contact Information: (*Required)

•Your Name and Organization: Carol Bauer, Amherst H. Wilder Foundation

Mailing Address: 650 Marshall Avenue

City: St. Paul _____ State MN _____ Zip: 55104 _____

Daytime Telephone (Area Code + Number): 651-280-2509 _____

•Email Address: cjb3@wilder.org

Project / Program Details:

Goal or objective of the project / program: Inspire creativity and engagement among seniors living with Alzheimer's. _____

Group intended for (e.g., seniors living independently, dementia patients, multigenerational):
Alzheimer's patients _____

Outcome / benefits: Evoke memory, engage creatively with self and others, gain confidence by creating something uniquely beautiful, be visible in the world.

Check which category best fits your project / program:

Dance :

- Ballet
- Contemporary / Modern
- Ethnic / Jazz
- Traditional / Folk
- Tap
- Wheelchair
- Other (Describe)

Music :

- Band
- Chamber
- Coral
- New Age
- Jazz
- Country / Folk
- Ethnic / Traditional
- Opera
- Pop
- R&B
- Rap / Hip-Hop

- Rock
- Religious
- Musical Theater
- Classical
- Other (Describe)

Theater :

- Mime
- Puppetry
- Storytelling
- Improvisation
- Musical Theater
- Clown
- Ethnic
- Other (Describe)

Visual Arts :

- Ceramics
- Digital)
- Collage
- Drawing

- Jewelry
- Mosaic
- Painting
- Photography
- Printmaking
- Sculpture
- Weaving / Fiber
- Woodcarving
- Mixed Media
- Media Arts
- Other (Describe)

Literary Arts :

- Poetry
- Fiction
- Nonfiction
- Other

Length of activity and number of sessions:

One hour per session. The program is on-going one time per week in congregate/craft space.

Step-by-step instructions (provide as much detail as possible):

Start with a theme such as birds, dishes; engage participants in discussion; provide large white sheets of paper; encourage participants to immediately cover the surface with paint using broad brush strokes; fill in background with patterns OR provide templated shapes and encourage use of patterns that will later be placed against a painted background.



Other helpful information (variations, hints):

Artist has found that small groups work better, and that it works better to divide men and women into separate groups. Selected art was professionally framed and exhibited publicly during St. Paul Art Crawl. Artists were honored at an opening attended by family and friends, and taken on a private tour of other artist studios.

Project / Program Development and Details: (Optional. Your input will help new projects.)

1. Who started the project / program and what were the initial steps you took? Susan Ryan, program coordinator at Amherst H. Wilder Foundation Memory Loss Adult Day program, along with professional artists, Sandra Menefee Taylor.

2. Is the project / program ongoing? How often do you conduct the project / program? The program is ongoing.

3. Is the project / program presented for a limited time period? How many times?

4. Did you need funding? If so, what funding did you have and how did you get the funding? Artist is paid.

5. What type of teacher, mentor, facilitator or director did project/program have? How did you decide who that person would be?

6. How do you find or decide on participants? How many participants did project/program have? Participants are clients at Wilder Foundation's Memory Loss Adult Day Health Program in East St. Paul.

7. Who did you collaborate or coordinate with? N/A

8. Where and when was it held or what space did you use for preparation and presentation? One time per week in congregate/craft space.

9. How did you promote it? How are participants recruited? N/A

10. What changes did you make (goals, objectives, content, location, recruitment, or other) over time? N/A